REPORT

A summary of Findings regarding the Interface between the Treatment and Rehabilitation Facilities of the Alcoholism and Drug Dependency Commission and Alcoholics Anonymous.
This survey compares and contrasts the Survey published by the General Service Office of Alcoholics Anonymous and a sample of AA members in the City of Fredericton New Brunswick, Canada.

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Appendix I Local A.A Associate Forum

Appendix II General Service Office A.A. Survey.

The Alcoholism and Drug Dependency Commission of New Brunswick was established in 1978 by legislation of the New Brunswick Government. Under one of its many mandates it operates treatment and rehabilitation facilities throughout the Province of New Brunswick.

The Research and Evaluation Division of the Commission proposed to conduct a survey in an attempt to determine the interface between the treatment and rehabilitation facilities and Alcoholics Anonymous, and to compare these findings with a survey published by the General Service Office of Alcoholics Anonymous in New York 1981. Due to a limitation of funds and personnel the survey was localized to one area, the City of Fredericton, in which a treatment centre was located. The Treatment Centre in Fredericton had a combined clientele total of 1,173 admissions from the period of 1 April 1980 to 31 March 1982, of which 1,006 were male and 167 were female.

Permission was requested and granted by General Service to conduct the survey. As well, the Assembly for N.B. and local Groups of A.A were contacted and the go ahead was received.

A questionnaire was designed by the Research Department that would meet the requirement of the aims outlined, and be relatively easy to administer and compile, (Appendix I).

The A.A District Committee person for the area was contacted and briefed on the description of requirements. He volunteered to work with a member of the Research Division in acually conducting the survey.

A list of local groups of A.A., their meeting nights, and reported membership was compiled. These groups were contacted in person by the researcher who attended an A.A meeting for each group. A description of the requirements were outlined to those in attendance, the questionnaire was filled out voluntarily by members under supervision of the conducting person following the regular A.A. meeting. On completion, the questionnaires were taken to the Research Division where they were compiled and analysis made by the Research Officers in the Division.

DISCUSSION

This survey provides some evidence to support the results of the membership survey done by A.A General Service 1981, however there are areas where noticeable differences are observed. The routes to A.A (Table II) perhaps should treat the categories of "Counselling and Therapy and Treatment and Rehabilitation" as one when being compared to the GSP survey. This survey reported that 26% of their members were referred to A.A. via counselling and therapy. This would increase the Fredericton figure to 17.17% with a difference of 8.8% from the GSO survey. Although all avenues of referral, with the exception of "credit another member" , are down with respect to the GSO percentages. The most noticeable difference is "credit family member" which is down 12.9%.

Table 4 shows the breakdown of the age groups of those A.A members reporting in both surveys and shows a larger percentage of the Fredericton Group in the 30 and under age group.

Table 5 provides a breakdown of the respondents in both surveys in terms of type of employment and indicates a similar picture for male, in both groups. However, the females show marked differences, in Homemaker, Professional, Labour, unemployed and other categories. Tables 1, 6 to 15 are the results of the Fredericton Survey in cross tabulation format, with the categories "Contact with ADDC" and "No contact with ADDC" prepared to provide some insight to the impact relationship of the treatment facility located in the City of Fredericton and the local A.A. groups.

Of those attending the A.A meetings at which the survey was administered, 40.4% of the respondents had contact with a treatment or rehabilitation facility, (36% of the female and 31% of the males.) Table 8 shows the divorced rate 9% lower in the contact group. Table 9 show the No contact group with a higher non participation rate in religion then does the contact group. Table 12, agency of referral shows no referrals from Outpatient Counsellors, the Clergy and very few from police and social agencies. Table 13 indicates a higher rate of sobriety (less slips) for those who had no contact (50.8%) vs the contact group (30%).

Table 1 indicates a membership change in particular groups from the last reported membership in the 1982 A.A directory. This may be an indicator of membership growths decreases, shifts etc. Hospital Group, The Choice Is Yours, Helping Hand, and New Life all show a significant increase in membership from 57.15% to 300% while other groups indicate a decrease which may be accounted for in numerous ways, some of which maybe that they were absent at the time of survey, they chose not to do the survey, they were no longer a member for a variety of reasons, or the reported membership was not up-to-date at the time of this survey.

As well it should be noted that the Victoria Group is an institutional meeting within the treatment facility and all members had ADDC contact while the Young Peoples Group had no contact with the ADDC for any of its members.

CONCLUSIONS

Table I, which shows a reported A.A. membership (from 1982 AA Directory) of 144 also shows a response rate of 68.75% to the survey. The reported membership is an increase of 7 from the previous year (1981 AA Directory). The treatment facility in the City of Fredericton discharged 1, 173 clients for the years 1980 to 1982. This survey showed that 3.4% of those attending AA had contact with a treatment or rehab facility, thereby indicating a very limited interface between the ADDC facilities and A.A.

This survey's findings also agree generally with the survey conducted by General Service office of Alcoholics Anonymous.

TABLE I

Breakdown by Groups By Contact with ADDC and No Contact with ADDC with Meeting Night and Reported Membership.

Group Name	Meeting Night	Reported Membership	No Contact with ADDC		%	No Contact with ADDC	%
HOSPITAL G	Friday	7	6	1	16.66%	5	83.33
3 R's Gp	Monday	12	4	1	25.0	3	75.0
The Choice Is Yours	Wednesday	5	12	6	50.	6	50.
CLAIR, Gp.	Sundays	15	3	2	66.66	1	33.33
FRIENDSHIP Gp	Thursday	14	12	6	66.66	6	33.33
HELPING HAND Gp	Saturday	17	30	6	20.00	24	80.00
MARYSVILLE Gp	Tuesday	17	5	4	80.00	1	20.00
SERENITY Gp	Friday	27	5	3	60.00	2	40.00
STATELY ELMS Gp	Tuesday	15	6	1	16.66	5	83.33
VICTORIA Gp	Wednesday	10	8	8	100.00	-	-
NEW LIFE Gp	Monday	1	4	2	50.00	2	50.00
YOUNG PEOPLE'S NIGHT Gp	Thursday	4	4	-	-	4	100.00
Total		144	99	40		59	

TABLE 2

Routes to A.A.

	GSO	*FREDERICTON*
Credit another member	*42%*	*43.43%*
Through Counselling & Therapy	*26%*	*2.02%*
Came on Own	*27%*	*18.18%*
Credit family member	*21%*	*8.08%*
Through family doctor	*9%*	*5.05%*
Through Justice System		*4.04%*
Through Treatment and Rehab		*15.15%*
Other		*4.04%*

TABLE 3

At a typical A. A. Meeting

	GSO	FREDERICTON
Sober less than 1 year	35-40%	41.41%
Sober 1 to 5 years	35-40%	39.39%
Sober over 5 years	20-30%	17.17%

TABLE 4

* *Largest Age Group 31-59*

	GSO	*FREDERICTON*
30 and under	*14.7*	*30.30%*
31 through 50	*41.0%*	*47.47%*
50 and over	*31.8%*	*23.23%*

* *For the purposes of this table the frequency for each age bracket used was 0-29, 30-49, 50-65 and over from the Fredericton survey as there was only one respondent at the exact age of 30 and this was necessarily adjusted to reflect the required age bracket for GSO age group.*

TABLE 5

Respondents fell into the following general categories.

		Sales & Business	Homemaker	Professional	Labour	Office & Clerical	Unemployed	Retired	Other
MALES	GSO	19	0.1%	17.0%	30%	3%	7%	12%	12%
	FRED	13.51%	0.0%	25.68%	40.53%	0.0%	5.41%	5.76%	8.11%
FEMALES	GSO	11%	25%	18%	7%	15%	9%	5%	10%
	FRED	4.0%	12.00%	8.00%	20.00%	12.00%	16.00%	0.00%	28.00%

NOTE 1. Labour category includes Trades, Technical & Labour, from Fredericton Survey
2. Other category includes Students.

TABLE 6

Breakdown by age group of respondents who contacted

A.D.D.C And Those Who Had No Contact with A.D.D.C.

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
0-18	2 2.02 66.66 5.00	1 1.01 33.33 1.69	3 3.03
19-29	7 7.07 26.92 17.50	19 19.19 73.07 32.20	26 26.26
30-39	11 11.11 36.66 27.50	19 19.19 63.33 32.20	30 30.30
40-49	7 7.07 38.88 17.50	11 11.11 61.11 18.64	18 18.18
50-59	9 9.09 60.00 22.50	6 6.06 40.00 10.16	15 15.15
60-65	3 3.03 50.00 7.50	3 3.03 50.00 5.08	6 6.06
65 & over	1 1.01 50.00 2.50	1 1.01 50.00 1.69	2 2.02
TOTAL	40 40.40	59 59.59	99 100.

TABLE 7

Breakdown Of Respondents By Sex By Contact with

A.D.D.C And No Contact with A.D.D.C.

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
MALE	31	43	74
	31.31	43.43	74.74
	41.89	58.10	
	77.50	72.88	
FEMALE	9	16	25
	9.09	16.16	25.25
	36.00	64.00	
	22.50	27.11	
TOTAL	40	59	99
	40.40	59.59	100.00

TABLE 8

Marital Status By Contact with A.D.D.C

And No Contact With A.D.D.C

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
SINGLE	11 11.11 45.83 27.50	13 13.13 54.16 22.03	24 24.24
MARRIED	16 16.16 36.36 40.00	28 28.28 63.63 47.45	44 44.44
DIVORCED	3 3.03 20.00 7.50	12 12.12 80.00 20.33	15 15.15
SEPARATED	3 3.03 37.50 7.50	5 5.05 62.50 8.47	8 8.08
WIDOWED	2 2.02 66.66 5.00	1 1.01 33.33 1.69	3 3.03
COMMON-LAW	5 5.05 83.33 12.50	1 1.01 16.16 1.69	6 6.06
TOTAL	40 40.40	59 59.59	99 100.00

TABLE 9

Religious Participation Breakdown by

Contact with A.D.D.C And No Contact with A.D.D.C

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
YES	27 27.27 51.92 67.50	25 25.25 48.07 42.37	52 52.52
NO	13 13.13 26.53 32.50	34 34.34 69.38 57.62	49 49.49
TOTAL	40 40.40	59 59.59	99 100.00

TABLE 10

Education Level Of Respondents Who Had

Contact with A.D.D.C And Those Who Had No Contact with A.D.D.C

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
0-6 Yrs		1 1.01 100.00 1.69	1 1.01
7-9 Yrs	12 12.12 42.85 30.00	16 16.16 57.14 27.11	28 28.28
10-12 Yrs	14 14.14 45.16 35.00	17 17.17 54.83 28.81	3.1 31.31
VOCATIONAL TRG	1 1.01 33.33 2.50	2 2.02 66.66 3.38	3 3.03
TECHNICAL	7 7.07 50.00 17.50	7 7.07 50.00 11.86	14 14.14
1-4 Yrs Univ	3 3.03 23.07 7.50	10 10.10 76.92 16.94	13 13.13
UNIV Degree	5 5.05 55.55 12.50	4 4.04 44.44 6.77	9 9.09
Grad/Prof School	1 1.01 33.33 2.50	2 2.02 66.66 3.38	3 3.03

con't

Other	1 1.01 100.00 2.50		1 1.01
TOTAL	40 40.40	59 59.59	99 100.00

TABLE 11

Major Financial Support Of Participants

By Contact With A.D.D.C And No Contact with A.D.D.C.

FREQUENCY PERCENT LOW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
Professional	7.07 17.50	14 14.14 66.66 23.72	21 21.21
Business/Sales	5 5.05 12.50	7 7.07 58.33 11.86	12 12.12
Trades	4 4.04 30.76 10.00	9 9.09 69.23 15.25	13 13.13
Technical	3 3.03 27.27 7.50	8 8.08 72.72 13.55	11 11.11
Labour	6 6.06 54.54 15.00	5 5.05 45.45 8.47	11 11.11
Homemaker	2 2.02 66.66 5.00	1 1.01 33.33 1.69	3 3.03
Student	1 1.01 16.66 2.50	5 5.05 83.33 8.47	6 6.06

con't

Clerical		3	3
		3.03	3.03
		100.00	
		5.08	
Unemployed	6	3	9
	6.06	3.03	9.09
	66.66	33.33	
	15.00	5.08	
Retired	2	3	5
	2.02	3.03	5.05
	40.00	60.00	
	5.00	5.08	
Other	6	1	7
	6.06	1.01	7.07
	85.71	14.28	
	15.00	1.69	
TOTAL	40	59	99
	40.40	59.59	100.

TABLE 12

Agency of Referral to A.A.

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
Came on Own	2 2.02 11.11 5.00	16 16.16 88.80 27.11	18
Ref by A.A. Member	19 19.19 44.18 47.50	24 24.24 55.81 40.67	43
Ref By OutPatient			
Ref By Detox	15 15.15 100.00 37.50		15
Ref. By Family	2 2.02 25.00 5.00	6 6.06 75.00 10.16	8
Ref. By Physician	1 1.01 20.00 2.50	4 4.04 80.00 6.77	5
Ref By Courts	1 1.03 33.33 2.50	2 2.02 66.66 3.38	3
Ref By Clergy			
Ref By Police		1 1.01 100.00 1.69	1

con't

Ref By Soc. Services		2 2.02 100.00 3.38	2
OTHER		4 4.04 100.00 6.77	4
TOTAL	40 40.40	59 59.59	99 100.00

TABLE 13

No Of Slips By Respondents Who Had Contact With A.D.D.C And Those Who Had No Contact With A.D.D.C.

FREQUENCY PERCENT Row Pct Col Pct	CONTACT With ADDC	NO CONTACT with ADDC	TOTAL
0	12 12.12 28.57 30.00	30 30.30 71.42 50.84	42 42.42
1	7 7.07 33.33 17.50	14 14.14 66.66 23.72	21 21.21
2	4 4.04 40.00 10.00	6 6.06 60.00 10.16	10 10.10
3	4 4.04 66.66 10.00	2 2.02 33.33 3.38	6 6.06
4	2 2.02 100.00 5.00		2 2.02
5		1 1.01 100.00 1.69	1 1.01
6	2. 2.02 100.00 5.00		2 2.02

con't

	1 1.01 100.00 1.69		1 1.01
	2 2.02 100.00 5.00		2 2.02
	1 1.01 100.00 2.50		1 1.01
umerous	4 4.04 66.66 10.00	2 2.02 33.33 3.38	6 6.06
issing Data	3 3.03 50.00 7.50	3 3.03 50.00 5.08	6 6.06
TOTAL	40 40.40	59 59.59	99 100

TABLE 14

Time Since Respondents 1st Contact With A.A By

Contact with A.D.D.C And By No Contact With A.D.D.C.

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
1 Yr or LESS	5 5.05 38.46 37.50	18 18.18 138.46 30.50	13 13.13
1 Yr to 5 Yr	18 18.18 42.85 45.00	24 24.24 57.14 40.67	42 42.42
5 Yr to 10 Yr.	11 11.11 57.89 27.50	8 8.08 42.10 13.55	19 19.19
10 Yr & more	6 6.06 85.71 15.00	7 7.07 53.84 11.86	13 13.13
MISSING DATA		3 3.07 100.00 5.08	3 3.03
TOTAL	40 40.40	59 59.59	99 100.00

TABLE 15

Time Since Respondents Last Drink By

Contact With A.D.D.C And By No Contact With A.D.D.C

FREQUENCY PERCENT ROW PCT COL PCT	CONTACT WITH ADDC	NO CONTACT WITH ADDC	TOTAL
1 Yr or LESS	18 18.18 43.90 45.00	23 23.23 56.09 38.98	41 41.41
1 Yr to 5 Yr	17 17.17 43.58 42.5	22 22.22 56.41 37.28	39 39.39
5 Yr to 10 Yr	3 3.03 25.00 7.50	9 9.09 75.00 15.25	12 12.12
10 & More	1 1.01 20.00 2.50	4 4.04 80.00 6.77	5 5.05
Missing data	1 1.01 50.00 2.50	1 1.01 50.00 1.69	2 2.02
TOTAL	40 40.40	59 59.59	99 100.00

LOCAL A. A. ASSOCIATES SURVEY

1. Group with which you are registered as an A. A. member: _____

2. Present Age: _____

3. Sex: _____

4. Are you:

   Single _____
   Married _____
   Divorced _____
   Separated _____
   Widowed _____
   Common-Law _____

5. Do you participate actively in organized religion?

   Yes _____
   No _____

6. What is your education level?

   0-6 years of education _____
   7-9 years _____
   10-12 years _____
   Vocational Training _____
   Technical _____
   1-4 years of Univ. _____
   University Degree _____
   Grad/Prof. School _____
   Other (specify) _____

7. From what type of work do you receive your major means of financial support: (Please Check One)

   Professional _____
   Business/Sales _____
   Trades _____
   Technical _____
   Labor _____
   Homemaker _____
   Student _____
   Clerical _____
   Unemployed _____
   Retired _____
   Other _____

8. How did you make your first contact with A. A.? (Please Check Referral)

   Came on my own _____
   Referred by another member _____
   Referred through out-patient _____
   Referred through detox program _____
   Referred by a Family member _____
   Referred by a Physician _____
   Referred by the courts _____
   Referred by a member of the clergy _____
   Referred by the Police _____
   Referred through the social services system _____
   Other (Specify) _____

9. Have you ever contacted any of the following Alcoholism & Drug Dependency Commission facilities seeking admission:

   1. A Detox/Treatment Centre _____
   2. Out-Patient Counselling _____
   3. A Rehabilitation Program _____
   4. Long-term care Facility (Lonewater Farm) _____

10. How long has it been since you first contacted A. A.? _____.

11. How long has it been since you had a drink? _____.

12. If any, how many slips have you had? _____.

The facts in this leaflet apply to members in the United States and Canada only

WHERE IS A.A.?

A.A. can be found almost everywhere, almost all the time—in more than 42,000 groups throughout the world. And it's free. We welcome opportunities to cooperate with others in providing help to alcoholics. Look for A.A. in your phone book or write: Box 459, Grand Central Station, New York, NY 10163

The A.A. Member

Results of a recent survey of the membership of Alcoholics Anonymous

NEW EDITION

Contents of this pamphlet available in display form

This information is also contained in a table-top display available from G.S.O. Price: $10.00, postpaid. The display is 22 inches high and 39 inches wide, has a double easel in the back, and can be folded in half for storage. It is intended as an additional way to carry the message of A.A. as a community resource in coping with a national health problem. To order, write to Box 459, Grand Central Station, New York, NY 10163

This is A.A. General Service conference-approved literature

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Mail Address:
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New York, NY 10163

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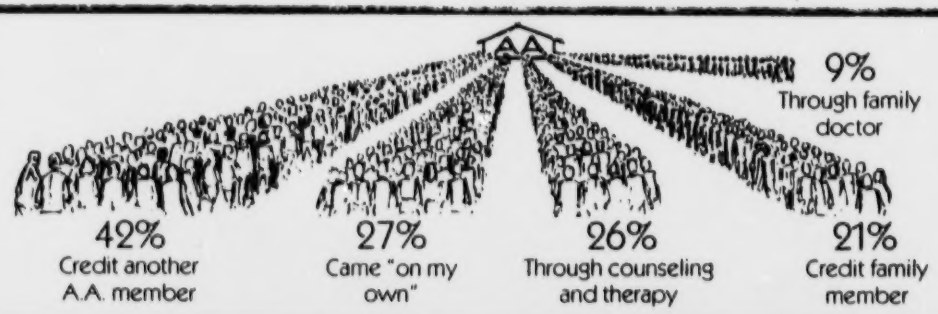
LATEST SURVEY* SHOWS ACCELERATING INCREASE OF WOMEN AND YOUNG PEOPLE IN A.A. — OTHER FINDINGS REVEAL:

... THEY REACHED A.A. BY DIFFERENT ROUTES ...

(Many of those surveyed gave two responses)



... AT A TYPICAL A. A. MEETING:

35-40% SOBER LESS THAN 1 YEAR
35-40% SOBER 1 to 5 YEARS
20-30% SOBER OVER 5 YEARS

...LARGEST AGE GROUP 31-50

30 AND UNDER 14.7%
31 THROUGH 50 . . . . . 51.0%
50 AND OVER 31.8%

(2.5% did not indicate their age)

RESPONDENTS FELL INTO THE FOLLOWING GENERAL CATEGORIES:

MEN	Sales & Business 19%	Homemaker 0.1%	Professional 17%	Labor 30%	Office & Clerical 3%	Unemployed 7%	Retired 12%	Other (including agriculture, military, student, etc.) 12%
WOMEN	11%	25%	18%	7%	15%	9%	5%	10%

*Almost 25,000 A.A. members participated in the largest and most comprenensive study of its kind